

| Pl | Name | Jg | 2. Teammitglied | Jg.2 | 3. Teammitglied | Jg.3 | Verein | Wohnort | Zeit |
|---------------|----------------------|------------------|-------------------|---------------------------|-------------------|------|----------------|-------------|---------|
| L (22) | | Lang (22) | | 4.0 km 130 Hm 12 P | | | | | |
| 1 | Brändli Martin | 63 | | | | | - | Zürich | 27:19 |
| 2 | Meyer Christoph | 72 | | | | | OL Zimmerberg | Zürich | 30:38 |
| 3 | Schneider Julia | 95 | | | | | OLK Rafzerfeld | Freienstein | 31:58 |
| 4 | Rüedlinger Vreni | 55 | | | | | OLK Rafzerfeld | Bülach | 33:17 |
| 5 | Bieri Ueli | 54 | | | | | OLV Zug | Zürich | 33:35 |
| 6 | Rüedlinger Peter | 52 | | | | | OLK Rafzerfeld | Bülach | 34:27 |
| 7 | Attinger Florian | 96 | Attinger Thomas | 62 | | | OL Zimmerberg | Horgen | 36:05 |
| 8 | Fuhrer Jonas | 00 | Fuhrer Raphael | 1 | Fuhrer Andreas | 70 | - | Meilen | 36:22 |
| 9 | Lukasczyk Ulrika | 80 | | | | | OLG Zürich | Zürich | 36:42 |
| 10 | Betschart Othmar | 68 | Betschart Dominik | 98 | Betschart Rebecca | 99 | - | Sins | 38:47 |
| 11 | Schneider Stefan | 59 | | | | | - | Egg | 39:48 |
| 12 | Schmutz Erika | 59 | Schmutz Daniel | 92 | | | - | Zürich | 41:08 |
| 13 | Schneider Tobias | 92 | Schneider Florian | 0 | | | - | Egg | 41:44 |
| 14 | Giger Patrick | 68 | Giger Loris | 1 | Giger Dominik | 3 | - | Zürich | 42:05 |
| 15 | Degen Peter | 42 | | | | | - | Zürich | 46:42 |
| 16 | Schneider Kerstin | 99 | | | | | OLK Rafzerfeld | Freienstein | 48:12 |
| 17 | Halfar Linus | 02 | Halfar Niklas | 0 | Halfar Uwe | 68 | - | Zürich | 52:49 |
| 18 | Maher Bea | 59 | Schwab Daniel | 58 | | | - | Zürich | 55:24 |
| 19 | Schifferle Hans-Jörg | 49 | | | | | OLV Zug | Baar | 55:26 |
| 20 | Bieri Elisabeth | 94 | Schneider Sarah | 95 | | | - | Zürich | 1:06:29 |
| 21 | Hurst Marcello | 98 | Hurst Federico | 1 | | | - | Zürich | 1:17:15 |
| 22 | Hurst Robert | 67 | Hurst Nina | 71 | Hurst Leonardo | 5 | - | Zürich | 2:08:36 |

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| M (13) | | Mittel (13) | | 3.2 km 100 Hm 8 P | | | | | |
| 1 | Wey Andrin | 99 | | | | | - | Zürich | 26:07 |
| 2 | Kneisl Vinzenz | 46 | Haslinger Elsbeth | 42 | | | OL Brütten | Brütten | 27:53 |
| 3 | Preisig Heidi | 58 | | | | | - | Zürich | 30:20 |
| 4 | Moser Lukas | 98 | Moser Erhard | 68 | | | - | Hüttikon | 32:15 |
| 5 | Wirth Thomas | 72 | Wirth Andreas | 1 | Wirth Jan | 3 | - | Zürich | 32:28 |
| 6 | Glesti Thomas, Julia | 63 | Glesti Tania | 96 | Glesti David | 98 | - | Brütten | 34:40 |
| 7 | Höhener Karin | 67 | Höhener Ernst | 69 | Höhener Silja, Reija | 4 | - | Zürich | 37:39 |
| 8 | Fuhrer Franziska | 71 | Fuhrer Sina | 4 | | | - | Meilen | 40:02 |
| 9 | Halfar Jael | 03 | Halfar Tina | 69 | | | - | Zürich | 40:13 |
| 10 | Künzli Basil, Linus | 00 | Künzli Emile | 1 | Künzli Elias | 5 | - | Zürich | 47:41 |
| 11 | Nagler Beatrice | 96 | Nagler Corina, Esther | 99 | Nagler Christian | 63 | - | Zürich | 1:07:39 |
| 12 | Selenati Marco | 99 | Selenati Sonja | 69 | | | - | Zürich | 1:27:26 |
| | Obrist Sabrina, Philipp | 99 | Obrist Piera | 64 | Bronner Monika | 63 | - | Zürich | Fehlst |

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| K (9) | | Kurz (9) | | 2.2 km 80 Hm 7 P | | | | | |
| 1 | Wey Benjamin | 03 | Wey Lena | 69 | | | - | Zürich | 18:23 |
| 2 | Wey Hanna | 01 | | | | | - | Zürich | 20:04 |
| 3 | Preisig Moritz | 00 | | | | | - | Zürich | 23:01 |
| 4 | Jaggi Michael | 74 | Jaggi Diego | 5 | Jaggi Nevio | 9 | - | Zürich | 26:59 |
| 5 | Moser Elena | 01 | Moser Walter | 63 | | | OLG Zürich | Hüttikon | 30:56 |
| 6 | Meyer Melin, Nahuel | 09 | Meyer Santine | 1 | Meyer Monica, Oli | 71 | - | Zürich | 36:21 |
| 7 | Paterra Seraphin, Mari | 65 | Paterra Venus | 1 | Paterra Stefan | 65 | - | Zürich | 41:55 |
| 8 | Lukasczyk Christian | 63 | Senni | 7 | Nora | 9 | OLG Zürich | Zürich | 59:47 |
| 9 | Selenati Sara | 02 | Selenati Aisha | 5 | Selenati Mario | 60 | - | Zürich | 1:13:06 |